




Please make a point to read the newly updated  
Residents Bill of Rights.  
Bill 28 and 29 have been added.

# HOME'S DIRECTORY

Executive Director “ED” Paul Beverley <a href="mailto:Pbeverley@Southbridgecare.ca">Pbeverley@Southbridgecare.ca</a> (613) 744-1861* 115	Director Of Care “DOC” Stacey Chung <a href="mailto:Schung@Southbridgecare.ca">Schung@Southbridgecare.ca</a> (613) 744-1861* 110	Clinical Nurse “CN” Maureen Turgeon <a href="mailto:Mturgeon@Southbridgecare.ca">Mturgeon@Southbridgecare.ca</a> (613) 744-1861* 116
Dietary Manager “DM” Ruth Emile <a href="mailto:Remile@Southbridgecare.ca">Remile@Southbridgecare.ca</a> (613) 744-1861* 113	Office Manager “OM” Sherrie Dagg <a href="mailto:Sdagg@Southbridgecare.ca">Sdagg@Southbridgecare.ca</a> (613)744-1861 * 121	Programs Manager “RPM” Martine de Souza <a href="mailto:Mdesouza@southbridgecare.ca">Mdesouza@southbridgecare.ca</a> (613)744-1861* 111
<u>South</u> Nursing station <u>Days</u> 07:00am -02:59pm (613) 744-1861*212	<u>West</u> Nursing station <u>Days</u> 07:00am-02:59pm (613) 744-1861*214	Acting Family Council Chair “FCC” Polly Malik (613)292-5946 <a href="mailto:pollymalik@rogers.com">pollymalik@rogers.com</a>
<u>South</u> Nursing station  <u>Evening &amp; nights</u> 03:00pm -6:59am (343) 996-5750	<u>West</u> Nursing station <u>Evening &amp; nights</u> 03:00pm-6:59am (613) 286-1593	We can also be contacted during the day : (613)741-9501 



949 Montreal Road Ottawa, ON K1K 0S6  
P: (613) 744-1861 F: (613) 744-4062  
E: [www.manoir-marochel.ca](http://www.manoir-marochel.ca)

# Newsletter

October 2022

Fall has begun! It’s a great time to bring changes in the wardrobe and closets of your loved ones. Opened-toe sandals, tank tops, and shorts ought to be replaced with the proper fall attire. Your loved one’s closet ought to be furnished with jackets, woolen socks, sweaters, and fashionable scarves.

Also, let’s not forget Thanksgiving is on its way.

As such we will be hosting a music concert/ party on Monday, October 10th at 02:00 in the lobby to which you are invited. Until then enjoy the word search here below!

K	N	C	D	B	A	L	H	C	F	S	O	A	E
E	S	G	E	F	U	L	P	I	I	C	A	L	F
O	N	O	S	E	L	F	S	D	D	N	E	H	H
G	L	A	T	F	B	H	F	L	R	O	A	C	D
O	E	T	G	I	S	E	S	A	A	D	A	H	U
O	I	A	M	A	L	L	E	S	L	M	R	I	C
S	O	A	D	E	E	R	K	S	G	O	B	C	K
E	P	T	R	S	N	M	B	D	H	A	S	K	B
E	I	T	U	B	E	E	I	N	B	N	N	E	K
R	I	I	L	R	E	S	R	O	H	I	K	N	O
E	C	E	G	H	K	A	D	C	A	M	S	I	M
C	D	O	G	O	R	E	S	R	A	A	K	O	H
G	S	G	E	E	S	E	Y	S	A	L	E	F	N
H	S	O	S	S	H	E	E	P	L	S	E	G	A

BEES  
TURKEY  
ANIMALS  
BUFFALO  
HORSE  
DUCK  
BIRDS  
DOG  
GOAT  
FISH  
CHICKEN  
CALF  
LLAMA  
DEER  
GOOSE  
SHEEP  
BISON  
HEN  
GEESE  
LAMB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>OCTOBER</h1> <h2>2022</h2>						01 10:00 Nail Salon & Spa sensation 02:00 Thanksgiving Hangman 03:30 Friendly visits 06:20 Short Stories
02 10:00 Televised mass 11:00 Painting time 02:00 Social Tea and cookies 06:20 Chair dance exercise	03 09:45 Exercise Group "PTA" 10:00 Morning Therapy(A) 11:00 Stack attack 02:00 Festive card Making 03:30 Knitting club 06:20 Sing along	04 10:00 Chair dance Exercise 11:20 Bible v. stories (A) 02:00 Bingo (H-M) 03:30 Sugar cookie bakin' 03:30 Friendly visits 06:20 Musical hat	05 09:45 Exercise Group "PTA" My Wish updates 11:00 Thanksgiving Mass 02:00 Bean bag toss 03:30 Knitting club (A) 03:50 Friendly visit 06:20 Card game "7UP"	06 09:45 Exercise Group "PTA" 10:00 Rosary 11:00 Resident Council 02:00 Thanksgiving diner theme game 03:30 Balloon tennis 06:20 Badminton	07 09:45 Exercise Group 10:00 News Hour (A) 11:00 Program 02:00 Thanksgiving themed Bingo (H-M) 03:30 Friendly visits 06:20 Guess who	08 10:00 Nail Salon & Spa sensation 02:00 Music Noel Dimar 03:30 Friendly visits 6:20 Historical fact
09 10:00 Televised mass 11:00 Zumba 02:00 Create a Thankful tree 06:20 Guess that tune	10 Thanksgiving day 09:45 Exercise Group "PTA" 10:00 Short stories 11:00 Reminiscing 02:00 Concert Tony True 03:30 Knitting club (A) 06:20 Pictionary	11 10:00 Chair dance Exercise 11:20 Bible v. stories (A) 02:00 Bingo (H-M) 03:30 Board game "Sorry" 06:20 Peer support group.	12 09:45 Exercise Group "PTA" My Wish updates 11:00 Day program in lobby 02:00 Frisbee 03:30 Knitting club (A) 06:20 Card game "Euchre"	13 09:45 Exercise Group "PTA" 10:00 Rosary 11:00 Coloring 02:00 Go fish (card) 03:30 Friendly visits 06:20 Wheelchair exercise	14 09:45 Exercise Group 10:00 News Hour (A) 11:00 Fall leaves Vir. tour 02:00 Bingo (H-M) 03:30 Exercise wheel 06:20 Group discussion	15 10:00 Nail Salon & Spa sensation 02:00 Anglican Spiritual Service 03:30 Friendly visits 6:20 Ball toss
16 10:00 Televised mass 11:00 Volley ball 02:00 Zumba class 06:20 Exercise wheel	17 09:45 Exercise Group "PTA" 10:00 Morning Therapy 11:00 Balloon tennis 02:00 Wine & cheese social 03:30 Knitting club (A) 03:30 Friendly visits 06:20 Mini putting	18 10:00 Chair dance Exercise 11:20 Bible v. stories (A) 02:00 Bingo (H-M) 03:30 Friendly visits 06:20 Hot potato	19 09:45 Exercise Group "PTA" My Wish updates 11:00 Day program in lobby 02:00 Prep. treat bags 03:30 Knitting club (A) 06:20 Card game "Crazy eights"	20 09:45 Exercise Group "PTA" 10:00 Rosary 11:00 Montessori 02:00 Music: Alfred Schmidt 03:30 Basket ball 06:20 Aim for the stars	21 09:45 Exercise Group 10:00 News Hour (A) 11:00 Guess that Harvest 02:00 Bingo (H-M) 03:30 Cover up dice 06:20 Air-Terre-Mer	22 10:00 Nail Salon & Spa sensation 02:00 Bowling 03:30 Balloon Tennis 6:20 Guess that tune
23 10:00 Televised mass 11:00 Spelling bee 02:00 Bowling 06:20 Double Exposure	24 09:45 Exercise Group "PTA" 10:00 Morning Therapy 11:00 True or falls 02:00 Pumpkin carving 06:15 Photographic memories	25 10:00 Chair dance Exercise 11:20 Bible v. stories (A) 02:00 Bingo (H-M) 03:30 Baking Deviled eggs 06:20 Halloween trivia	26 09:45 Exercise Group "PTA" 11:00 Mass 02:00 Halloween charade 03:30 Knitting club (A) 03:50 Mental Aerobics 06:20 Card game "	27 09:45 Exercise Group "PTA" 10:00 Rosary 11:00 Residents council 02:00 Mini putting 03:30 Trick or treat 06:20 Music: Anne Hurley	28 09:45 Exercise Group 10:00 News hour 11:00 Super quiz 02:00 Bingo 03:30 Hot potato 06:20 Memory game	29 10:00 Nail Salon & Spa sensation 02:00 Social Tea + movie 06:15 Discussion group
30 10:00 Televised mass 11:00 Tic-tac-toe 02:00 Hallow' craft 06:20 Exercise n Stretches	31 Halloween 10:00 Morning Therapy 11:00 Hangman 02:00 Trick or treat, treasure hunt		Special Celebration 10- Thanksgiving: Tony True 20- Birthdays of the month: Alfred. 27- Halloween party: Anne	Ongoing daily Montessori set up 03:30 Friendly visits		<b>OCTOBER BIRTHDAYS</b> Carol J. -09 Jacqueline D. -09 Madeleine R. -14 Rose Aime J. -20 Jocelyne P. -25

Please not all programs are subject to change



## CONNECTIVITY/ VISITS



If you wish to connect with your loved ones through Facebook Messenger and Facetime, please contact the Programs Department for the set up. You can also book your indoor visits on the following application:

[marochelmanor.simplybook.me](https://marochelmanor.simplybook.me)

we typically approve within 24hrs.

Please note visitation protocols are regulated by Ministry guideline. We encourage all to comply. The home will continue to update all stakeholders by their preferred method of communication. We also encourage everyone to remain informed by means of the public health website [www.ottawapublichealth.ca](https://www.ottawapublichealth.ca)

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When exiting the home it is essential that you kindly make sure **NO** resident has followed you out. In the event a resident walked out of the building while you are entering or exiting please seek assistance and report it IMMEDIATELY, so we may take the appropriate actions!

***We hereby thank you for your vigilance and due diligence as we work together to ensure a safe environment for all!***

**\*Together let's keep our residents safe\***

## Recognizing Staff Birthday

### September

Suze Sept. 12 Nurse

Guerda Sept. 19 Psw

Bernard Sept. 22 Nurse

Rosa Sept. 22 Psw

Eunice Sept. 24 Psw

### October

Paul Oct. 01 Nurse

Mureille Oct. 02 Nurse

Yva Oct. 06 Psw

Gladimy Oct. 20 Dietary

Emmanuel Oct. 24 Cook

Josephine Oct. 24 Psw

Oumalker Oct. 24 Psw

Rubenite Oct. 30 Psw

## Inventory form

When bringing clothing articles or items for your loved ones, we recommend **you** continue to fill out a Personal Clothing Form. This form helps for identification purposes and for record keeping. You can ask the screener for the form. All items received by the screener will be quarantined for 72hrs before released to the resident.

**\*Please remember and plan accordingly for birthday gifts. \***

Management  
ESM

September 30 **National Day of Truth and Reconciliation**



## Nursing Updates

We will never say it enough to all visitors please practice good hand hygiene as it helps minimize the spread of germs and bacteria.

Friends and family members are encouraged to refrain from coming to the home if they begin experiencing any of the following Influenza symptoms:

**-Runny Nose -Severe Cough - Sore Throat -Fever -Nausea/ Vomiting (at least 24hrs) - Diarrhea -Chills -Muscle or joint aches and pains.**

**\*If you think you may have been exposed to the Covid-19 Virus, please self quarantine and call your local Public Health unit for further directives.**

*Are you interested in getting your covid-19 Vaccine? Please contact Stacey Chung, DOC for information on the next clinic date.*

Thank you



Management

**Special announcement**

- Remembrance mass will be held in November!
- November 06<sup>th</sup> Back to standard time
- December 08<sup>th</sup> BAKE SALE!! Sweet and Salty

Roman Catholic Mass  
announcement

Families and friends are invited to  
attend Mass and have communion.



**A more convenient way to collect  
your loved one's mail!**

A more convenient way to collect your loved one's mail!  
As some of the resident's families have noticed, sometimes it is  
difficult to check if your loved one has received mail that you need  
to pick up.  
We are in the process of facilitating this by creating a file for your  
loved one which you can have the screener check even if the office  
manager is not in the office.  
The purpose is to make your lives easier and that the  
families will receive correspondence more efficiently.

**Marochel Manor Farewell**

As Eleanor Maclean moves  
back to her old house, the  
employees of Marochel send  
her off with a heartfelt  
farewell. May health and  
safety her in her new living  
conditions.

**October Birthdays**

Carol J.	-09
Jacqueline D.	-09
Madeleine R.	-14
Rose Aime J.	-20
Jocelyn P.	-25

**WE REMEMBER**

Robert Colby  
Marc Chartier



**FAMILY COUNCIL  
AT MAROCHEL MANOR**

Marochel Manor has a Family Council  
made up of family members and friends of  
the residents who live at Marochel. **Most  
long term care homes in Ontario have a  
Family Council to work with the  
home's management for the benefit of  
its residents.**

The Family Council meets monthly, and  
the meets are about one hour long. No  
special knowledge or preparation is  
required before the meeting.

The Family Council also has a bulletin  
board in the front lobby of Marochel  
residence where notices are posted.

If you think you might want to join the  
Family Council or If you want to know  
more, you can also contact Polly Malik,  
Acting Chair of the Family Council.



## RESIDENTS' BILL OF RIGHTS

Every licensee of a long-term care home shall ensure that the following rights of residents are fully respected and promoted:

### RIGHT TO BE TREATED WITH RESPECT

**1.** Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's inherent dignity, worth and individuality, regardless of their race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, gender identity, gender expression, age, marital status, family status or disability.

**2.** Every resident has the right to have their lifestyle and choices respected.

**3.** Every resident has the right to have their participation in decision-making respected.

### RIGHT TO FREEDOM FROM ABUSE AND NEGLECT

**4.** Every resident has the right to freedom from abuse.

**5.** Every resident has the right to freedom from neglect by the licensee and staff.

### RIGHT TO AN OPTIMAL QUALITY OF LIFE

**6.** Every resident has the right to communicate in confidence, receive visitors of their choice and consult in private with any person without interference.

**7.** Every resident has the right to form friendships and relationships and to participate in the life of the long-term care home.

**8.** Every resident has the right to share a room with another resident according to their mutual wishes, if appropriate accommodation is available.

**9.** Every resident has the right to meet privately with their spouse or another person in a room that assures privacy.

**10.** Every resident has the right to pursue social, cultural, religious, spiritual and other interests, to develop their potential and to be given reasonable assistance by the licensee to pursue these interests and to develop their potential.

**11.** Every resident has the right to live in a safe and clean environment.

**12.** Every resident has the right to be given access to protected outdoor areas in order to enjoy outdoor activity unless the physical setting makes this impossible.

**13.** Every resident has the right to keep and display personal possessions, pictures and furnishings in their room subject to safety requirements and the rights of other residents.

**14.** Every resident has the right to manage their own financial affairs unless the resident lacks the legal capacity to do so.

**15.** Every resident has the right to exercise the rights of a citizen.

### RIGHT TO QUALITY CARE AND SELF-DETERMINATION

**16.** Every resident has the right to proper accommodation, nutrition, care and services consistent with their needs.

**17.** Every resident has the right to be told both who is responsible for and who is providing the resident's direct care.

**18.** Every resident has the right to be afforded privacy in treatment and in caring for their personal needs.

**19.** Every resident has the right to,  
**i.** participate fully in the development, implementation, review and revision of their plan of care,

**ii.** give or refuse consent to any treatment, care or services for which their consent is required by law and to be informed of the consequences of giving or refusing consent,

**iii.** Participate fully in making any decision concerning any aspect of their care, including any decision concerning their admission, discharge or transfer to

or from a long-term care home and to obtain an independent opinion with

regard to any of those matters, and

**iv.** Have their personal health information within the meaning of the Personal Health Information Protection Act, 2004 kept confidential in accordance with that Act, and to have access to their records of personal health information, including their plan of care, in accordance with that Act.

**20.** Every resident has a right to ongoing and safe support from their

caregivers to support their physical, mental, social and emotional

wellbeing and their quality of life and to assistance in contacting a caregiver or other person to support their needs.

**21.** Every resident has the right to have any friend, family member, caregiver or other person of importance to the resident attend any meeting with the licensee or the staff of the home.

**22.** Every resident has the right to designate a person to receive information concerning any transfer or any hospitalization of the resident and to have that person receive that information immediately.

**23.** Every resident has the right to receive care and assistance towards independence based on a restorative care philosophy to maximize independence to the greatest extent possible.

**24.** Every resident has the right not to be restrained, except in the limited circumstances provided for under this Act and subject to the requirements provided for under this Act.

**Note:** On a day to be named by proclamation of the Lieutenant Governor, paragraph 24 of subsection 3 (1) of the Act is amended by striking out "restrained" and substituting "restrained or confined".

(See: 2021, c. 39, Sched. 1, s. 203 (3))

**25.** Every resident has the right to be provided with care and services based on a palliative care philosophy.

**26.** Every resident who is dying or who is very ill has the right to have family and friends present 24 hours per day. RIGHT TO BE INFORMED, PARTICIPATE, AND MAKE A COMPLAINT

**27.** Every resident has the right to be informed in writing of any law, rule or policy affecting services provided to the resident and of the procedures for initiating complaints.

**28.** Every resident has the right to participate in the Residents' Council.

**29.** Every resident has the right to raise concerns or recommend changes in policies and services on behalf of themselves or others to the following persons and organizations without interference and without fear of coercion, discrimination or reprisal, whether directed at the resident or anyone else:

**i.** the Residents' Council.

**ii.** the Family Council.

**iii.** the licensee, and, if the licensee is a corporation, the directors and officers

of the corporation, and, in the case of a home approved under Part IX, a

member of the committee of management for the home under section 135

or of the board of management for the home under section 128 or 132.

**iv.** staff members.

**v.** government officials.

**vi.** any other person inside or outside the long-term care home.

Source: Ontario Provincial Government, Fixing Long-Term Care Act, 2021

Accessed 2022-04-25 |

<https://www.ontario.ca/laws/statute/21f39#BK5> |