

December 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY												
<p><i>First day of Hanukkah Nov 28th</i></p> 			<p>1</p> <p>09:45 Exercise Group "PTA" (M-L) 10:30 Mass 02:00 Parachute 04:00 Pictionary</p> 	<p>2</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Rosary 11:00 Choir Practice 02:00 Music: Guy Lalonde 03:30 Friendly visits 03:50 Pictionary 06:20 Exercise wheel</p>	<p>3</p> <p>09:45 Exercise Group "PTA" 10:00 News Hour (A) 02:00 Bingo (H-M) 03:00 Christmas crafts 06:20 Mental aerobic</p>	<p>4</p> <p>10:00 Beauty Salon & Spa sensation 02:00 Guess that X-mass Carol 03:30 Friendly visits</p> 												
<p>5</p> <p>10:00 Televised mass (south activity room) 11:00 Christmas coloring 02:00 Basket ball 03:30 Friendly visits</p>	<p>6 Last day of Hanukkah</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Morning therapy 11:00 Hanukkah historical facts 02:00 Hanukkah brainstorming 03:30 Knitting club (A) 03:50 Friendly visits 06:20 Mad lips</p>	<p>7</p> <p>10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Cover up dice 06:20 Frisbee</p>	<p>8</p> <p>09:45 Exercise Group "PTA" (M-L) 11:00 Day program in lobby (A) 02:00 Peer support group 03:30 Knitting club (A) 03:50 Hangman 06:20 Tic-tac-toe</p> 	<p>9</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Rosary 11:00 X-mass crafts 02:00 Choir Practice 03:30 Friendly visits 03:50 Mystery box 06:15 Movie night</p>	<p>10</p> <p>09:45 Exercise Group "PTA" (M-L) 10:00 News Hour (A) 11:00 Ornament making 02:00 Bingo (H-M) 03:30 Bowling Challenge 03:50 Friendly visits 06:20 Festive season stories.</p>	<p>11</p> <p>10:00 Beauty Salon & Spa sensation 02:00 Baking: Ginger bread cookies 03:30 Friendly visits</p>												
<p>12</p> <p>10:00 Televised mass (south activity room) 11:00 Christmas movies 02:00 Basket ball 03:30 Friendly visits</p>	<p>13</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Morning therapy 11:00 X-mass ornament making 02:00 Decorative Candy cane making 03:30 Knitting club (A) 03:50 Friendly visits 06:20 Music : Guy Lalonde</p>	<p>14</p> <p>10:00 Bible v. stories (A) 11:00 Card game Spoon 02:00 Choir practice 03:30 Friendly visits 03:50 X-mass- word search 06:20 DVD sing along</p>	<p>15</p> <p>09:45 Exercise Group "PTA" (M-L) 10:00 Beauty Salon and Spa sensation 03:30 Knitting club (A) 03:50 Hangman 06:20 Secret occupation</p>	<p>16 Res. Christmas Party 10:00-04:00pm 10:00 Zumba 11:00 Marochel Voices Choir 2:00 Music with Noel Dimar 3:20 Residents Story Telling location: West activity room</p> 	<p>17</p> <p>09:45 Exercise Group "PTA" (M-L) 10:00 News Hour (A) 11:00 Festive Pictionary 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Just for laughs 06:20 Virtual X-mass lights tour</p>	<p>18</p> <p>10:00 Short stories 02:00 Hot cocoa & festive cookies social 03:30 Friendly visits</p>												
<p>19</p> <p>10:00 Televised mass (south activity room) 11:00 Cards "7 Up" 02:00 Mini putting 03:30 Friendly visits</p>	<p>20</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Montessori challenge 11:00 Parachute 02:00 X-mass charade 03:30 Knitting club (A) 03:50 Coloring 06:20 Ball toss</p>	<p>21 First day of winter</p> <p>10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Winter snow flakes crafts 06:20 Winter sculpture Virtual tour</p>	<p>22</p> <p>09:45 Exercise Group "PTA" (M-L) 11:00 Christmas Mass 2:00 Social Gathering in lobby + Gift distribution 03:50 Friendly visit 06:20 Music: Noel Dimar In lobby</p>	<p>23</p> <p>09:45 Exercise Group "PTA" (M-L) 10:00 Rosary 02:00 Charades 03:30 Friendly visits 03:50 Stack attack 06:20 Paint night</p>	<p>24</p> <p>09:45 Exercise Group "PTA" 10:00 News Hour (A) 11:00 Christmas trivia 02:00 Beauty Salon 03:30 Friendly visits 03:50 Montessori Challenge 06:20 Reminiscing & coloring</p>	<p>25 Christmas day</p> <p>11:00 Resident Caroling 02:00 Pin the hat on Santa 03:00 Christmas movie</p> <p>location: West activity room Dress code: red and white</p>												
<p>26 Boxing day</p> <p>10:00 Televised mass 11:00 Horseshoe game 02:00 Snakes & ladder 03:30 Friendly visits</p> 	<p>27</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Morning therapy 11:00 Balloon tennis 02:00 Gratitude game 03:30 Knitting club (A) 03:50 Memory box 06:20 Reminiscing</p>	<p>28</p> <p>10:00 Bible v. stories (A) 12:00 Lunch Brunch 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Basket ball</p>	<p>29</p> <p>09:45 Exercise Group "PTA" (M-L) 10:00 Televised mass 11:00 Calendar distribution 02:00 Board game Sorry 03:30 Friendly visits</p> 	<p>30</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Resident Council 02:00 Charade 03:00 New years crafts 06:20 Short stories</p>	<p>31</p> <p>09:45 Exercise Group "PTA" (H) 10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Guess that carol 03:30 Friendly visits 03:50 Basket ball 06:20 New year resolution</p>	<p>December birthdays</p> <table border="0"> <tr><td>Berthe G.</td><td>-1</td></tr> <tr><td>Armand P.</td><td>-1</td></tr> <tr><td>Irma T.</td><td>-4</td></tr> <tr><td>Kenneth L.</td><td>-8</td></tr> <tr><td>Clovis D.</td><td>-26</td></tr> <tr><td>Pierre P.</td><td>-29</td></tr> </table> 	Berthe G.	-1	Armand P.	-1	Irma T.	-4	Kenneth L.	-8	Clovis D.	-26	Pierre P.	-29
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H=High M=Moderate L= Lower A= All

Group program based function ability + interest to improve the individual experience

Please note some Programs are subject to change.