

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OCTOBER 2019		01 10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Coloring 06:20 Connect the dots	02 09:45 Exercise Group "PTA" <i>My Wish updates</i> 11:00 Day program in lobby (A) 02:00 Musical hat 03:30 Knitting club (A) 03:50 Hangman 06:20 Card game "UNO"	03 09:45 Exercise Group "PTA" (H) 10:00 Rosary 11:00 Choir practice 02:00 Cheese ball social 03:30 Friendly visits 03:50 Spelling bee 06:20 Basketball	04 09:45 Exercise Group "PTA" 10:00 News Hour (A) 11:00 Geometric block 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Memory game 06:20 Tissue flower making	05 10:00 Beauty Salon (A) 11:00 Spa sensation 02:00 Baking coconut cookies 03:30 Friendly visits
06 10:00 Televised mass 11:00 Painting time 02:00 Chair dance exercise 03:30 Friendly visits	07 09:45 Exercise Group "PTA" (H) 10:00 Piano "Sam" (A) 11:00 Stack attack 02:00 Pecan tart & Ice cream social 03:30 Knitting club (A) 03:50 Halloween decoration 06:20 Short stories	08 10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Snakes & ladders 06:20 Scrabble	09 09:45 Exercise Group "PTA" <i>My Wish updates</i> 11:00 Day program in lobby (A) 02:00 Bean bag toss 03:30 Knitting club (A) 03:50 Name 5 06:20 Card game "7UP"	10 Lunch Bunch day 09:45 Exercise Group "PTA" (H) 10:00 Rosary 11:00 Choir practice 12:00 KFC Lunch Bunch 02:00 Music: Arlene Quinn 03:30 Friendly visits 03:50 Guess that animal sound 06:20 Badminton	11 09:45 Exercise Group "PTA" 10:00 News Hour (A) 11:00 Standing balance exercise 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Montessori 06:20 Guess who	12 10:00 Beauty Salon (A) 11:00 Spa sensation 02:00 Netflix (Drama movie) 03:30 Friendly visits
13 10:00 Televised mass 11:00 Zumba 02:00 Super quiz 03:30 Friendly visits	14 Thanksgiving day 09:45 Exercise Group "PTA" (H) 10:00 Piano "Sam" (A) 11:00 Jumbo crossword 02:00 Netflix (Comedy) 03:30 Knitting club (A) 03:50 Darts 06:20 Pictionary	15 10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Board game "Sorry" 06:20 Ball toss	16 National boss day 09:45 Exercise Group "PTA" <i>My Wish updates</i> 11:00 Day program in lobby (A) 02:00 Frisbee 03:30 Knitting club (A) 03:50 Would you rather 06:20 Card game " Cheat"	17 09:45 Exercise Group "PTA" (H) 10:00 Rosary 11:00 Choir practice 02:00 Music: Andre Gareau 03:30 Friendly visits 03:50 Go fish (card) 06:20 Hockey night	18 Adaptive clothing 09:45 Exercise Group "PTA" 10:00 News Hour (A) 10:00-01:00 Pm Jonick adaptive clothing 02:00 Bingo (H-M) 03:30 Exercise wheel 03:50 Friendly visits 06:20 Group discussion	19 10:00 Beauty Salon (A) 11:00 Spa sensation 02:00 Zumba class 03:30 Friendly visits
20 10:00 Televised mass 11:00 Volley ball 02:00 Netflix (Action movie) 03:30 Friendly visits	21 Election day 09:45 Exercise Group "PTA" (H) 10:00 Piano "Sam" (A) 11:00 Balloon tennis 02:00 Wine & cheese social 03:30 Knitting club (A) 03:50 Friendly visits 06:20 Mini putting	22 10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Guess that tune 06:20 Hot potato	23 09:45 Exercise Group "PTA" <i>My Wish updates</i> 11:00 Day program in lobby (A) 02:00 Bowling 03:30 Knitting club (A) 03:50 Short stories 06:20 Card game " Crazy eights"	24 Birthday party 09:45 Exercise Group "PTA" (H) 10:00 Rosary 11:00 Choir practice 02:00 Oct. Birthday party 03:30 Friendly visits 03:50 Animal bingo 06:20 Aim for the stars	25 09:45 Exercise Group "PTA" 10:00 News Hour (A) 11:00 Standing balance exercise 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Cover up dice 06:20 Air-Terre-Mer	26 10:00 Beauty Salon (A) 11:00 Spa sensation 02:00 Netflix (Sci-fi movie) 03:30 Friendly visits
27 10:00 Televised mass 11:00 Spelling bee 02:00 Bowling 03:30 Friendly visits	28 09:45 Exercise Group "PTA" (H) 10:00 Piano "Sam" (A) 11:00 Super quiz 02:00 Pumpkin carving 03:50 Shuffleboard 06:20 Memory game	29 10:00 Bible v. stories (A) 11:00 Chair dance Exercise (H) 02:00 Bingo (H-M) 03:30 Friendly visits 03:50 Golf target 06:20 Halloween trivia	30 09:45 Exercise Group "PTA" 11:00 Day program in lobby (A) 02:00 Halloween movie 03:30 Knitting club (A) 03:50 Mental Aerobics 06:20 Card game " Black jack"	31 Halloween 09:45 Exercise Group "PTA" (H) 10:00 Residents council 11:20 Choir practice 02:00 Music: John Mitchell 03:30 Trick or treat 06:20 Ghouls' n Ghost stories	Please note certain programs are subject to change	October birthdays Fleurette M.H -04 Carol J. -09 Madeleine R. -14 Doralice G. -15 Rose Aime J. -20

H= High M= Moderate L=Lower A=All

Group programs based on function ability + interest to improve experience