



# July 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>01 Happy Dominion Day</b> 10:00 Music: <b>Bob Swartz (A)</b> 11:30 Theme day Trivia <b>02:00 -03:15 Milk shake social &amp; Bean bag challenge (A)</b> 03:50 Friendly visits 06:20 Coloring (M-L)	02 10:00 B. Verse stories <b>11:00 Chair dance exercise (M-H)</b> <b>02:00 Bingo (A)</b> 03:30 Knitting club 03:50 Scrabble (H) 06:20 Basket ball game (M-L)	03 <b>09:45 Physio Exercise Class</b> 10:00 Snoezelon <b>02:00 Mass (A)</b> 03:30 Friendly visits 03:50 Bowling (H) 06:20 Card "O.K.O"	04 U.S.A independence Day <b>09:45 Physio Exercise Class</b> <b>10:00 BSO Snoezelon</b> 10:00 Rosary 11:00 Double exposure (M-L) 02:00 Mini putting (H) 03:30 Friendly visits 03:50 Pictionary (M-L) 06:20 Musical hat	05 <b>09:45 Physio Exercise Class</b> 10:00 News hour <b>11:00 Gross motor skill with coop students (H)</b> <b>12:00 BBQ SOUTH</b> <b>02:00 Bingo (A)</b> <b>03:30 Movie afternoon</b> 03:50 Friendly visits 06:20 Snakes & ladders	06 10:00 Beauty Salon 11:00 Addition crossword <b>02:00 Ice cream and music social with bowling challenge</b> 03:15 Friendly visits
07 10:00 Televised mass 11:00 Balloon Tennis 02:00 Montessori challenge 03:30 Friendly visits	08 <b>09:45 Physio Exercise Class</b> 10:00 Golf target 11:00 Hangman 02:00 Giant crossword 03:30 Aim for the stars 03:50 Arts & crafts 06:20 Mystery box	09 10:00 B. verse & stories <b>11:00 Chair dance exercise</b> <b>02:00 Bingo(A)</b> 03:30 Knitting club 03:50 Musical hat 06:20 Dominos board game	10 <b>09:45 Physio Exercise Class</b> <i>Updating My Wish program</i> <b>02:00 Mass</b> 03:30 Friendly visits 03:50 Basketball (A) 06:20 Card "Bridge"	11 <b>09:45 Physio Exercise Class</b> <b>10:00 BSO Snoezelon</b> 10:00 Rosary <b>11:00 Badminton challenge with coop students</b> <b>02:00 Music: Leonel</b> 03:30 Knitting club 03:50 Arts & craft 06:20 Mini putting	12 <b>09:45 Physio Exercise Class</b> <b>10:45 Pizza party (M-H)</b> <b>02:00 Bingo (A)</b> 03:30 Friendly visits 03:50 Wheelchair hockey (M-H) 06:20 Who said that famous line (M-L)	13 10:00 Beauty Salon 11:00 Fun with play d'oh <b>02:00-03:15 Wine &amp; cheese social</b> <b>With</b> 03:15 Friendly visits
14 10:00 Televised mass 11:00 Animal bingo 02:00 Bowling 03:30 Friendly visits	15 <b>09:45 Physio Exercise Class</b> 10:00 <b>Piano</b> 11:00 Stack attack <b>02:00-03:30 visit from Ottawa Police officer and super quiz</b> 03:50 Friendly visits 06:20 Guess that tune	16 10:00 B. verse & stories <b>11:00 Chair dance exercise</b> <b>02:00 Bingo(A)</b> 03:30 Knitting club <b>03:50 Wheelchair hokey with Coop students</b> 06:20 Connect the dots	17 <b>09:45 Physio Exercise Class</b> 10:00 Snoezelon <b>02:00-03:15 Wine &amp; cheese social</b> <b>With golf target with coop students</b> 03:50 Washer challenge 06:20 Card "Euchre"	18 <b>09:45 Physio Exercise Class</b> <b>10:00 BSO Snoezelon</b> 10:00 Rosary 11:00 Golf target <b>02:00 Music: Tony True</b> 03:30 Knitting club 03:50 Spelling bee 06:20 Short stories	19 <b>09:45 Physio Exercise Class</b> 10:00 News hour 11:00 Balloon tennis <b>12:00 BBQ WEST</b> <b>02:00 Bingo(A)</b> 03:30 Friendly visits 03:50 Giant crossword 06:20 Aim for the star	20 10:00 Beauty Salon 11:00 Laughing yoga 02:00 Bean bag toss 03:15 Friendly visits
21 10:00 Televised mass 11:00 Air Terre Mer 02:00 Horseshoe game 03:30 Friendly visits	22 <b>09:45 Physio Exercise Class</b> 10:00 <b>Piano</b> 11:00 Darts 02:00 Badminton challenge 03:30 Friendly visits 03:50 Snakes & ladders 06:20 Hot potato game	23 10:00 B. verse & stories <b>11:00 Chair dance exercise</b> <b>02:00 Bingo(A)</b> 03:30 Knitting club 03:50 Mini putting 06:20 Snakes and ladder	24 <b>09:45 Physio Exercise Class</b> 10:00 Snoezelon <b>02:00 Mass</b> 03:30 Friendly visits 03:50 Geometric puzzle 06:20 Card "Black jack"	25 <b>09:45 Physio Exercise Class</b> <b>10:00 BSO Snoezelon</b> <b>10:00 Residents Council Meeting</b> <b>02:00 Music: Noel Dimar</b> 03:30 Friendly visits 03:50 Pictionary 06:15 Board game sorry	26 <b>09:45 Physio Exercise Class</b> <b>10:45 Pizza party (M-L)</b> <b>02:00 Bingo(A)</b> 03:30 Knitting club 03:50 Bowl pong 06:20 Giant flower making	27 10:00 Beauty Salon 11:00 Game 7up 02:00 Discussion groups 03:15 Friendly visits
28 10:00 Televised mass 11:00 Fine Motor skills 02:00 <b>Chair dance exercise with Nancy</b> 03:30 Friendly visits	29 <b>09:45 Physio Exercise Class</b> 10:00 <b>Word search</b> 11:00 Dominos <b>02:00 Music: Musical memories</b> 03:30 Friendly visits 03:50 Tic Tac Toe 06:20 Reminiscing	30 10:00 B. verse & stories <b>11:00 Chair dance exercise</b> <b>02:00 Bingo(A)</b> 03:30 Knitting club 03:50 Short stories 06:20 Puzzles	31 <b>09:45 Physio Exercise Class</b> 10:00 Snoezelon <b>02:00 Balloon Tennis</b> 03:30 Friendly visits 04:30 Coloring key 06:20 Card "cover up dice"	<b>July's Birthday</b> Georgette L. -01 Keith P. -10 Claude G. -23 Bernard M. -27		<b>Up coming events</b> <b>FAMILY FUN DAY</b> <b>FRIDAY AUGUST 23TH 11:0am -04:00pm</b>

H=High M=Moderate L= Lower A= All

Group program based function ability + interest to improve the individual experience

Please Note Programs are Subject to Change