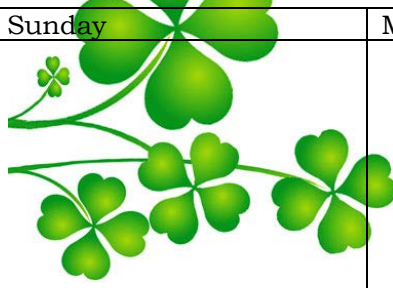
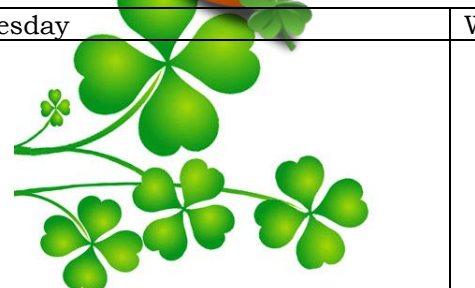
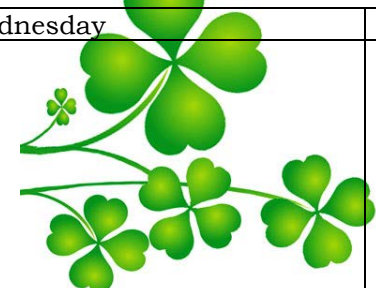


March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
03 10:00 Televised mass 11:00 Laughing yoga (A) 02:00 Air-Terre-Mer (M-L) 03:30 Friendly visits	04 10:00 Piano (A) 11:00 Chair dance exercise (H) (M-H) 02:00 Music: Arlene Quinn 03:30 Let's play ball (M-L) 04:30 Friendly visits 06:15 Sing along Dvd concert	05 10:00 Bible story +verse reading (A) 11:00 Day program in Lobby (L) 02:00 Program change in effect 02:00 Bowling (M-H) 04:15 Super quiz (M-H) 06:20 Horseshoe	06 <i>Ash Wednesday</i> 02:00 Mass 03:30 Knitting club 03:50 Bean bag toss 06:20 Cards " Euchre)	07 10:00 Snoezelon 11:00 Rosary 02:00 Music: Guy Lalonde 03:50 Creating a Memory box creation Arts + craft 06:20 Short stories	01 10:00 Calendar distribution 11:00 Resident Council Meeting reconvenes 02:00 Bingo 03:30 Friendly visits 04:30 Hangman 06:15 Short stories	02 10:00 Beauty Salon (L) 11:00 Spelling bee (H) 02:00 Wheelchair Zumba(M-L) 03:15 Friendly visits
10 <i>Daylight Saving begin (sprint forward one hour)</i> 10:00 Televised mass 11:00 Fun facts about time zones 02:00 Aim for the stars 03:30 Friendly visits (L)	11 10:00 Piano (A) 11:00 Chair dance exercise (M-H) 02:00 Happy hour (A) 03:30 Knitting club 03:50 Parachute 06:20 Short stories	12 10:00 Bible story +verse reading (A) 11:00 Day program in Lobby (H) 02:00 Bingo 03:50 Frisbee 06:20 Group discussion	13 01:00 Crafts : Volunteers 03:30 Photographic memory 03:50 Montessori challenge 06:20 Cards " Go fish)	14 10:00 Snoezelon 11:00 Rosary <i>St Patrick's day party</i> 02:00 Music: Christine McCann 03:30 Kitting club 03:50 Musical hat (M-H) 06:20 Movie Night	15 10:00 News hour 11:00 Fine motor skills (H) 02:00 Bingo 03:50 Coloring (M-H) 06:20 Baking: Rice crispy square bars (A)	16 10:00 Beauty Salon (A) 11:00 Laughing yoga (A) 02:00 Giant crossword (H-M) 03:15 Friendly visits
17 St Patrick day 10:00 Televised mass 11:00 Theme day(M-H) Hangman 02:00 Wheelchair Zumba(M-H) 03:30 Friendly visits (L)	18 10:00 Piano (A) 11:00 Chair dance exercise (M-H) 02:00-04:00 Outing Gloucester mall 06:20 O.K.O	19 10:00 Bible story +verse reading (A) 11:00 Day program in Lobby (L) 02:00 Bingo 03:50 Giant Tissue flower making 06:20 Basket ball	20 <i>Spring begins</i> 02:00 Mass 03:30 Knitting Club <i>3:30-4:50 Spring theme home decoration</i> 06:20Cards "Cover up dice"	21 10:00 Snoezelon 11:00 Rosary 02:00 Spring welcoming party Music: Andre Gareau 03:50 O.K.O 06:20 Spring sheet coloring	22 10:00 News hour 11:00 National Geographic 02:00 Bingo 03:50 Friendly visits 06:20 The pennies game	23 10:00 Beauty Salon (A) 11:00 Spa sensation 02:00 Movie afternoon with snacks 03:15 Friendly visits
24 10:00 Televised mass 11:00 Hot potato 02:00 Montessori challenge 03:30 Friendly visits	25 10:00 Piano (A) 11:00 Chair dance exercise (M-H) 02:00 Music: Terry McCann 03:50 Memory game 06:20 Arts + crafts	26 10:00 Bible story +verse reading (A) 11:00 Day program in Lobby (M) 02:00 Bingo 03:50 Modified Curling competition 06:20 Name that tune	27 01:00 Crafts : Volunteers 02:00 Smoothie social 03:50 Snakes and ladder 06:20Cards " Yahtzee"	28 10:00 Snoezelon 11:00 Resident council 02:00 Birthday party Music: Lauren Hall 03:50 Discussion group 06:20 Let's play ball	29 10:00 News hour 11:00 Bible study 02:00 Bingo 03:50 Friendly visits 06:20 Puzzles	30 10:00 Beauty Salon 11:00 Taste test 02:00 Wheelchair hockey 03:15 Friendly visits
31 10:00 Televised mass 11:00 Laughing yoga 02:00 D.V.D concert 03:30 Friendly visits		H=High M=Moderate L= Lower A=All Group program based function ability + interest to improve the individual experience		<i>Please note Programs are subject to change</i>		March Birthday Katheleen S. -01 Margaret M. -04 Daniel D. -06 Jack M.-08 Marcel D. -13 Marlene R. -17 Margarita M. -26 Russell S. - 27 Paulette L. -30



